COURSE OVERVIEW:

Welcome to CSV 302, “Sense & Sexuality.” Offered weekly, it has been adapted to respond to the health and wellness needs of our students and community.

According to the World Health Organization (WHO), sexual health is a state of physical, emotional, mental and social well-being in relation to sexuality...sexual health requires a positive and respectful approach to sexuality and sexual relationships, as well as the possibility of having pleasurable and safe sexual experiences, free of coercion, discrimination and violence.

This class will explore sexual attitudes and risk factors for college students in a “Hooked-Up” culture.

- 20-25% of college students will be infected with a Sexually Transmitted Infection (STI).  
- As many as 24% of college women have experienced an unplanned pregnancy.  
- In 2009, there were an estimated 48,100 new HIV infections.  
- On average, 24 people per minute are victims of rape, physical violence or stalking by an intimate partner in the US, according to findings released by the CDC & Prevention. That equals more than 12 million women and men per year. (ACHA.org/publications(Guidelines) 
- According to the 2009 National School Climate Survey, 9 out of 10 LGBTQ students have experienced harassment in school, while 2/3 feel unsafe. Between 20-40% of America’s 1.6 million homeless youth identify as LGBTQ, approximately 30% of LGBTQ young people have been physically abused by a member of their family, and LGBTQ youth are significantly more likely than other young people to attempt suicide.

LEARNING OUTCOMES:

1. Student will know how to identify signs and symptoms of Sexually Transmitted Infections. 
2. Students will know how to prevent STIs and pregnancy by identifying the various forms of contraception (Birth Control Methods) 
3. Students will be able to identify at least 3 reasons for the shift from a “Dating” culture to a “Hooked-Up” culture. 
4. Students will identify the harmful combination of alcohol and sex. 
5. Students will learn how “Pregnancy Happens” and prenatal development. 
6. Students will choose a topic of interest related to Sexual Health and share, promote and educate the URI community.
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<thead>
<tr>
<th>DATE</th>
<th>TOPIC</th>
<th>PRESENTER</th>
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<tbody>
<tr>
<td>9/15/15</td>
<td>Introduction; Goals &amp; Objectives</td>
<td>Sheila Mitchell, RN</td>
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<tr>
<td>9/22/15</td>
<td>Let’s Talk About Sex</td>
<td>Sheila Mitchell, RN</td>
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<tr>
<td>9/29/15</td>
<td>Love &amp; Relationships</td>
<td>Sheila Mitchell, RN</td>
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<tr>
<td>9/30/15</td>
<td>A Risky Relationship: Alcohol &amp; Sex</td>
<td>Roger Jadosz, RN</td>
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<tr>
<td>10/6/15</td>
<td>A Hooked-Up Culture</td>
<td>Sheila Mitchell, RN</td>
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<td>10/13/15</td>
<td>How Much Do You Know About Sex &amp; Birth Control</td>
<td>TBA</td>
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<tr>
<td>10/20/15</td>
<td>STIs</td>
<td>TBA</td>
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<td>10/27/15</td>
<td>Bystander Intervention</td>
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<td>11/3/15</td>
<td>Biology of Prenatal Development</td>
<td>Sheila Mitchell, RN</td>
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<td>11/10/15</td>
<td>What Would You Do If...Pregnancy Happens?</td>
<td>Sheila Mitchell, RN</td>
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<td>11/17/15</td>
<td>Understanding Abortion</td>
<td>TBA</td>
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<td>11/24/15</td>
<td>THANKSGIVING WEEK</td>
<td><strong>NO CLASS</strong></td>
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<td>12/1/15</td>
<td>Last Class</td>
<td>Sheila Mitchell, RN</td>
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**GOAL:** This is a Health and Wellness directed course. This course provides current, accurate health self-care as well as mutually respectful partner care. Knowledge of how the human body works, reacts to and benefits from respectful, sexual health is our goal. Making wise choices now, while in college, will ensure future good health.
This class is basically about sexual attitudes and, hopefully, learning how to respect your own sexuality as well as others.

Please respond to the following questions in a one-page response. The question corresponds to the topic in class for that week.

Week 1. How important is respect for your body and respecting others when it comes to sexuality?

Week 2. Why do you think we, as an American culture, have difficulty verbalizing the importance of respectful sexual health?

Week 3. What main ingredients/values are important for a relationship to be healthy and strong?

Week 4. It is well documented that “substances” (alcohol/drugs) are a common factor in date rape, sexual assault and abuse. How prevalent do you think this is at URI?


Week 6. When thinking about Sex and Birth Control, what important health/moral concerns should be assessed prior to engaging in sex?

Week 7. According to a CDC study, 110 million Americans now have a sexually transmitted infection; 50% of new infections are in people aged 15-24. What does this signal about American culture?

Week 8. Is it realistic for you to intervene or stop someone from becoming another victim of sexual assault or stopping the aggressor?

Week 9. After watching the documentary, “The Biology of Pre-natal Development,” did it influence/change the way you view how early a life begins?

Week 10. Is it appropriate to be prepared for pregnancy if you are sexually active?

Week 11. How would you support a friend dealing with a decision to terminate a pregnancy or to carry?

Week 12. (Thanksgiving Week – no question)

Week 13. Evaluation Response
**POINT SYSTEM:**

25 points  Attendance, Participation & Discussion
25 points  Presentation of topic for Community Service
50 points  Community Service Project

Any unexcused absence = 5 points lost

**COMMUNITY SERVICE PROJECT**

- Facilitate presentation/share your idea in a residence hall, during a Wellness Clinic, or other campus activity.
- Rent a booth in the Memorial Union
- Is there a specific need on campus? Develop a program to educate fellow students.

Confidentiality is a must!
CSV 302 – Fall 2015

CSV’s Community Service component requires you to participate in an event here on the URI campus. These events should be related to a campus health issue.

For each credit, you will spend 3 hours participating in these events. The following is a list of events/activities that are available for your participation. Your involvement might be helping to set up, surveying students and/or engaging other students in activities. If there is an event that you wish to be involved in that takes place off campus, you will need to get prior permission.

COMMUNITY SERVICE OPPORTUNITIES

1. Wednesday Wellness Clinics with Health Education*

   Memorial Union

2. Health Education Events
   a) September 27-October 3, 2015 – Diversity Week – Multicultural Center
   b) October 14, 2015 – Alcohol Self-Assessment - MU
   c) Rhody Outpost Food Pantry – go to uri.edu & click on calendar of events for information
   d) December 9, 2015 – Stress Relief Day – MU, Union Square

   b) Workshops

   Health-related workshops in dorms, sororities/fraternities, etc.

   c) Multicultural Center Events (sign-up is required)

      d) 
      e) 
      f) 

   g) 

   h) Develop your own...

*Please refer to URI Health Education’s Semester @ a Glance/Healthy Campus pamphlet for topics and location of the day.
To help you keep track of your participation, please use the following log:

Name __________________________________________________________
Activity ________________________________________________________
Date __________________________________________________________
Time __________________________________________________________
How did you participate? _________________________________________
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Evaluation ______________________________________
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Name __________________________________________________________
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