






# November 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
1.	2. “Health and Behavior Change: What Everybody Needs” Class 11-11:50  Stress Class Multicultural Ctr. 4-5 pm	3.	4. “Sleep Deprived” MU 11:30-1:30  CPR Course URI EMS 5-9 pm  	5.	6.	7.
8.	9. “Health and Behavior Change: What Everybody Needs” Class 11-11:50 am	10. CPR Course URI EMS 5-9 pm  	11. Veteran’s Day (CLASSES DO NOT MEET)	12.	13.	14.

15.	<p>16. "Health and Behavior Change: What Everybody Needs" Class 11-11:50 am</p> <p>Stress Reduction Class Multicultural Ctr. 4-5 pm</p>	17.	<p>18. "Don't Get Hooked" MU 11:30-1:30</p> <p>CPR Course URI EMS 5-9 pm</p> 	19.	20.	21.
22.	<p>23. "Health and Behavior Change: What Everybody Needs" 11-11:50 am</p> <p>Stress Reduction Class Multicultural Ctr. 4-5 pm</p>	24.	25.	<p>26. Thanksgiving Recess</p> 	<p>27. Thanksgiving Recess</p> 	<p>28. Thanksgiving Recess</p> 

<p>29.</p> <p>Thanksgiving Recess</p> 	<p>30.</p>					
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