URI Health Services Update

January 24, 2020

Given the news about the recent coronavirus outbreak in Wuhan City, Hubei Province of China, we wanted to reach out to you to advise that Health Services, the International Office and other community resources are closely monitoring the situation and are available on campus to support you should you need us.

If you have recently traveled to or from Wuhan City, please make sure you continue to monitor your health closely for the next 14 days. If you become ill, please contact URI Health Services at (401) 874-2246 to speak with a nurse. Symptoms of the coronavirus are similar to influenza -- which is now widespread in Rhode Island and across the country. Symptoms include: runny nose, headache, cough, sore throat, fever, a general feeling of being unwell. Currently there is no vaccination available for coronavirus and treatment consists of such things as cough medicine, fever reducing medication, hydration, etc. to alleviate symptoms.

As the situation evolves, we understand that you may have family or friends at home whom you are worried about. If you need support, please reach out to any of the following departments on campus who remain available to assist you.

Counseling Center
217 Roosevelt Hall
401-874-2288
Walk-in hours Monday through Friday, 10 a.m. to 3 p.m.
Appointment hours are available Monday through Friday, 8:30 a.m. through 4:30 p.m., and Tuesdays and Wednesdays until 6:30 p.m.
After hours counselors available via phone at 401-874-2288

Dean of Students Office
302 Memorial Union
Outreach and Intervention staff available by appointment.
To schedule, call 401-874-9411.

Health Services
Potter Building, 6 Butterfield Road
Open weekdays, 8 a.m. to 8 p.m. and weekends 10 a.m. to 4 p.m.
To schedule an appointment or speak with a nurse, please call 401—874-2246
Psychological Consultation Center
Chafee Social Science Center, Suite 100
Monday through Friday, 8:30 a.m. to 7 p.m.
Walk-ins welcome throughout the week, and services are based on a sliding scale ($5 for all URI students), year-round appointments offered.
Call 401-874-4263 for information.
Call 401-874-4264 to schedule an intake.

Campus Chaplains
To reach campus chaplains, contact Amy Olson, president of the URI Chaplains Association.
Office: 401-874-2740
Email: amyolson@uri.edu

URI Health Services has experienced an increase in patients presenting with viral respiratory illness, including patients testing positive for influenza. To help keep yourself and the community healthy, the CDC recommends the following:

• Wash your hands often with soap and warm water for at least 20 seconds. If soap and warm water are not available, use an alcohol-based hand gel.
• Sneeze and cough into your elbow or cover your mouth and nose with a tissue.
• Avoid close contact with people who are sick. If you are sick, stay home from work, school and notify your employers/faculty members.
• Do not share utensils, water bottles, or other personal items. Many germs that cause viral illness are spread through saliva.
• Wipe down common items like phones, keyboards, door knobs, and railings with a disinfectant.

If you have not already done so, get your annual flu shot! A flu shot is the easiest and most effective way to help prevent the flu and it is FREE at Health Services.

Thank you